Suicide Prevention Seminar
Syllabus

Medicinal Mindfulness Academy
NMHA Licensed Facilitator Training

10am-4pm

Instructors:
Khara Croswaite Brindle, MA, LPC, ACS, CFT™
Daniel McQueen, MA - Assisting

Revised Schedule:

- 10am-10:45 - Check in with Daniel and Suicide awareness honoring practice
- Break
- 11-12:15 - Suicide Assessment and Safety Planning: ALERT Framework
- Break
- 12:30-1pm - Suicide Assessment and Safety Planning with role play practice (ask about suicide acute and chronic) in breakout rooms pt 1
- 1-2pm Lunch
- 2-2:30 Suicide Assessment and Safety Planning with role play practice (safety planning) in breakout rooms pt 2
- 2:30-3:00 - CMM scenarios breakouts and discussion as a larger group
- Break
- 3:15-4:00 - Healing after client suicide

Course Description:

Suicide is a human experience that requires compassion and curiosity from professional helpers when engaging a client experiencing suicidal thoughts. Join us in a practical, empowered training that covers suicide assessment and safety planning, healing after a client suicide, and psychedelic-specific scenarios for greater preparedness when a client is experiencing a mental health crisis.

Learning Objectives:

Participants will
1) Explore the common risk factors of suicide and self-injury
2) Engage in a compassionate suicide assessment
3) Practice mental health safety planning
4) Discover the impact of client suicide on helping professionals
5) Identify common suicide-specific scenarios for psychedelic work to increase overall preparedness when supporting clients in crisis

Homework Reading Assignment (PDF also provided)

Someone is to blame: the impact of suicide on the mind of the bereaved (including clinicians)

https://www.cambridge.org/core/journals/bjpsych-bulletin/article/someone-is-to-blame-the-impact-of-suicide-on-the-mind-of-the-bereaved-including-clinicians/EFFE8127E4FDDE3A2AF65D3FF542FD02

Summary

This paper presents an emerging understanding of the psychodynamics of suicide loss, derived from over 1500 accounts of suicide bereavement shared by families, friends and clinicians. It identifies clear patterns in the responses of the bereaved, particularly the formation of delusional narratives that often place them at the centre of blame for the death. These narratives have a profound impact on well-being, increase the risk of mental illness and elevate the likelihood of death by suicide. They not only cause harm to the bereaved but also permeate and distort our systemic and societal responses. Understanding why suicide unleashes such painful and dangerous forces helps mitigate the widespread harm and distress that often follows such a death. This knowledge also enables us to effectively and compassionately support those bereaved.

Additional resources and handouts are provided on the online platform and during class.

This 5 hour live seminar fulfills all NMHA requirements for Introduction to Suicide Risk.

Suicide Prevention	**NMHA Module & Bullet Line Code**	**Module Section NMHA or Brief Description**	**NMHA Module Title/Topic Group**	**Trainer**
Suicide Prevention	G1	Understanding suicidality, suicidal ideation, self-injury, and models of assessing risk;	Introduction to Suicide Risk (5hrs)	Khara Croswaite Brindle
Suicide Prevention	G2	Basics of suicide risk assessment;		
Suicide Prevention	G3	How to refer and/or seek emergency mental health services when suicide risk is severe; and		
Suicide Prevention	G4	Basics of creating a Mental Health Safety Plan.		

Instructor Information

Khara Croswaite Brindle, MA, LPC, ACS, CFT™
Licensed Professional Counselor
Approved Clinical Supervisor
Certified Financial Therapist™ Professional
TEDx Speaker The Burden of Busyness
Perfectioneur & Therapist Consultant
Amazon #1 Best-Selling Author
Owner, Croswaite Counseling, PLLC

See all my projects at: https://campsite.bio/kharacroswaite

1120 W South Boulder Road, Suite 101-J
Lafayette, CO 80026

Work Cell: 720-245-7390

Schedule with me for a Professional Consultation or Discovery Call

Croswaite Counseling, PLLC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6973. Programs that do not qualify for NBCC credit are clearly identified. Croswaite Counseling, PLLC is solely responsible for all aspects of the programs.

All services: croswaitecounselingpllc.com

Our CACS © Croswaite Counseling, PLLC 2017 Suicide Risk App: cacs-co.com

Our Privacy Policies and Terms of Service