Psychedelic Integration Course Syllabus
Medicinal Mindfulness Academy & Psychedelic Sitters School
Taught by Alison McQueen, LPC, ATR-BC, ACS and Skye Weaver, MFA, NMIT, RYTT, MBPT

1. Course Details

- **Course Schedule:** 10:00 am - 5:00 pm MT

Art Materials Needed:

- Unlined drawing/sketchbook paper
- Drawing materials (markers, colored pencils, oil pastels, etc.)

2. Course Description

This course is designed to provide the ethical, theoretical, and practical framework necessary for graduates to successfully facilitate integration sessions with their clients. The focus is on offering skillful, heart-centered, and trauma-informed integration sessions to support clients in:

- Harvesting rich and meaningful content from their psychedelic journeys.
- Implementing meaningful change into their lives, both short and long-term.

3. Learning Objectives

This course will:

- Provide an overview of safety considerations as well as celebrations to be tracking during the integration phase of the work.
- Offer demonstrations of sessions and give you opportunities to practice the skills in dyads.
- Model art-based and movement-based integration practices.

4. Required MaterialsRequired Webinars to Watch Before Class:

- Seven Stages of Integration in Psychedelic Therapy with Alison McQueen (30 min)
- W9-4 Introduction to Integration Coaching with Skye Weaver (1 hr)
- Integration Webinar with Skye Weaver (1.5 hrs)
- W5-7 PGT Integration Art Experiential (1 hr)
- *How to Advertise Your Integration Circles with Skye Weaver* (20 min)

Required Reading:

- NMHA Regulations Relevant to Screening, Preparation & Integration
- Integration Guidebook by Alison McQueen
- Psychedelic Integration PDF by Skye Weaver
- Columbia Suicide Severity Rating Scale (CSSRS)

Resources:

- Sample Guided Meditation for Beginning of Integration Session
- Integration Session Map

5. PoliciesAttendance & Punctuality

- Students must arrive on time.
- Entry is allowed up to 10 minutes after the class start time.
- Entry beyond 10 minutes will only be permitted in cases of emergency or with prior communication.
- Repeated tardiness may impact participation records and program standing.

Absence Policy

- Students are permitted to miss **one** Psychedelic Guide Training class and **one** Therapeutic Presence and Trauma Informed Care class during the program without penalty.
- To receive credit for a missed session, students are still required to review the class recording and complete a makeup assignment.
- **Saturday live seminars are mandatory and cannot be missed**, as they are required to fulfill the live instruction hours mandated by the state for those pursuing licensure under the Natural Medicine Health Act (NMHA).

Presence & Professionalism

- **Camera Use:** Students must remain on camera for the entire class, unless prior arrangements have been made. This supports presence, connection, and accountability.
- **Chat Etiquette:** Chat should be used mindfully. Avoid side conversations or excessive messaging. Contributions should enhance collective learning (insights, questions, support).
- **Professionalism:**
    - Students must be in a **private, confidential space** during class.
    - Students are expected to arrive prepared and grounded.
    - Respectful engagement with peers and facilitators is required.

    - If stepping away briefly, students should notify a facilitator or leave a message in chat.
- **Identification:** Students must list their **full first and last name** on Zoom for attendance. **Pronouns** are welcome and encouraged.